

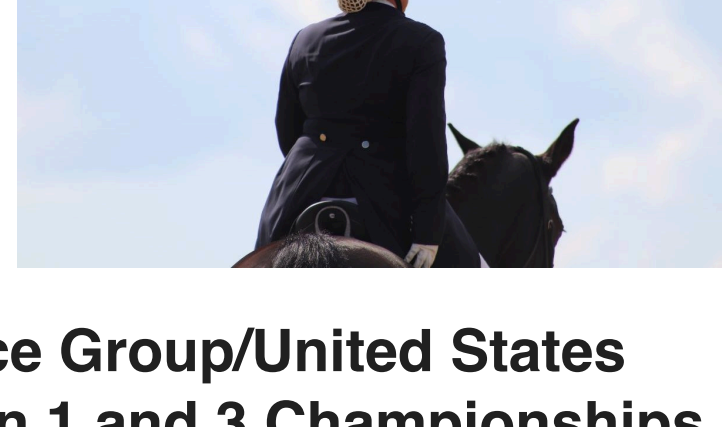
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## COMING UP ON H&C+

Get ready dressage fans, because your viewing schedule is about to get busy! H&C is bringing you the best of North American dressage with exclusive live and on-demand coverage from some of the most exciting shows of the season. Plus, take your knowledge to the next level with Masterclasses to see how the pros achieve the expressive movements we all love to drool over. Have your at-home scorecards ready and check out what's coming up.

[See All Live Events](#)



### Great American Insurance Group/United States Dressage Federation Region 1 and 3 Championships Lexington, Virginia, and Conyers, Georgia — October 6-9

H&C is excited to expand coverage of North American dressage with the addition of the Great American Insurance Group/USDF Region 1 and 3 Championships to the broadcast schedule! Coverage will include livestream, on-demand video, as well as clips to purchase from the main arena at both events.

These shows highlight top talent from each area as riders aim to finish their show seasons on a high note. On October 6-9, 2022, The Virginia Horse Center in Lexington, Virginia, will host the Great American Insurance Group/USDF Region 1 Championships featuring competitors from Delaware, District of Columbia, Maryland, North Carolina, New Jersey, Pennsylvania, Virginia, and Eastern West Virginia (Morgan, Berkeley, and Jefferson Counties). The Great American Insurance Group/USDF Region 3 Championships will take place at the Georgia International Horse Park in Conyers, Georgia, on October 7-9, 2022, and includes riders from Alabama, Florida, Georgia, South Carolina, and Tennessee.

[More Information](#)

[Watch Region 1 Championships Here](#)

[Watch Region 3 Championships Here](#)



### Dressage at Devon Devon, Pennsylvania — September 27-October 2

Dressage at Devon is synonymous with world-class international competition. Amid the unique atmosphere at the historic Devon Horse Show grounds, spectators will see numerous breed classes and star athletes strut down centerline in the Dixon Oval. H&C is bringing you every moment from this exceptional event with exclusive live and on-demand coverage, so you can watch all the jaw-dropping extensions and collections from the comfort of your couch.

In addition to live streaming all six days of competition, on-demand video will be available the following day. The Grand Prix Freestyle CDI-W and the Grand Prix Special CDI3\*, both on Saturday, October 1, highlight an action-packed week of competition.

[Prize List](#)

[Watch Here](#)



### TerraNova Dressage CDI-W and The Event at TerraNova CCI4\*-S Myakka City, Florida — October 21-23

October 21-23 is a double-dose of dressage with a little something extra to spice things up. Watch the talented athletes show off the precision, power, and beauty of international-level dressage, and see the eventers dazzle in their dressage tests as well. For an added thrill, get your adrenaline rush from the riders galloping across the turf and over the jumps in the cross-country and show jumping phases. At a venue as pristine as TerraNova Equestrian, you shouldn't have to choose just one discipline! You might be tuning in for the dressage, but we won't tell anyone if you stick around for the eventing too.

[More Information About TerraNova Dressage](#)

[More Information About The Event at TerraNova](#)

### Dressage Training and Learning Content



### H&C Masterclass With Tuny Page

Pretty much every movement at the Grand Prix level is impressive, but the trained eye of a dressage enthusiast knows exactly why. Sharpen your skills with H&C's Masterclasses. In an episode with Tuny Page, accomplished international dressage athlete and owner of Stillpoint Farm in Wellington, Florida, Page walks through the steps to nailing the Grand Prix canter zigzag.

[Watch Here](#)

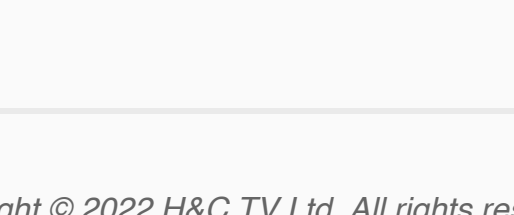
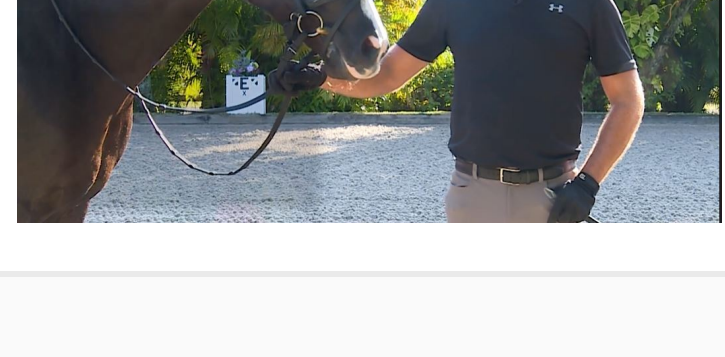
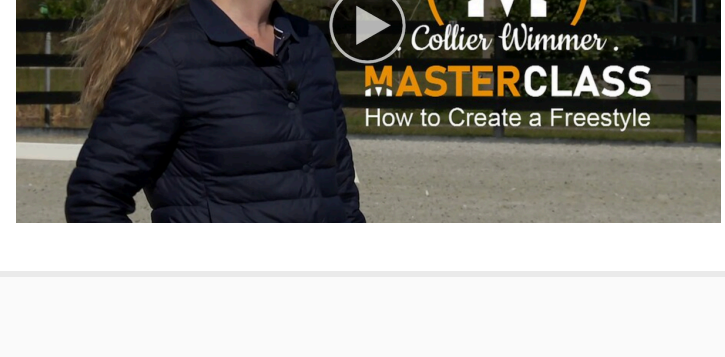


Page begins by discussing the timing of the half-halt in the canter work, using the elbows as a hinge to direct the balance of the horse upwards on the first beat of canter. Rider María Aponte and her mount Duke demonstrate the beautiful canter work Page you describes. In a Prix St. Georges or Intermediare test, Page emphasizes the importance of straightness, having the horse's chest pointing straight towards the direction of travel. She then suggests shoulder-in and half-pass exercises to help enforce this ideal. Finally, Aponte successfully rides the full Grand Prix canter zigzag.

[Watch Here](#)

If you're just getting started, check out some of the other H&C Masterclasses available!

[How To Create a Freestyle with Collier Wimmer](#)  
and  
[Introducing Piaffe and Passage with Claudio Oliveira](#)



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